



Implementation Issues

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29 January 2009

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Overview

- When implementing CHCT, organizations need to consider issues that may confront them during the process.

- This presentation will examine those issues.



Various Implementation Issues

- Risk Reduction
- Gender Issues
- Tradition/Culture
- Disclosure
- How to counsel couples
- Confidentiality Issues
- When to offer services
- Where to offer services



Risk Reduction

- **Fear**
- **Abandonment**
- **Lack of support**
- **Child bearing issues, especially in discordant couples.**
- **Condom usage can be compromised.**



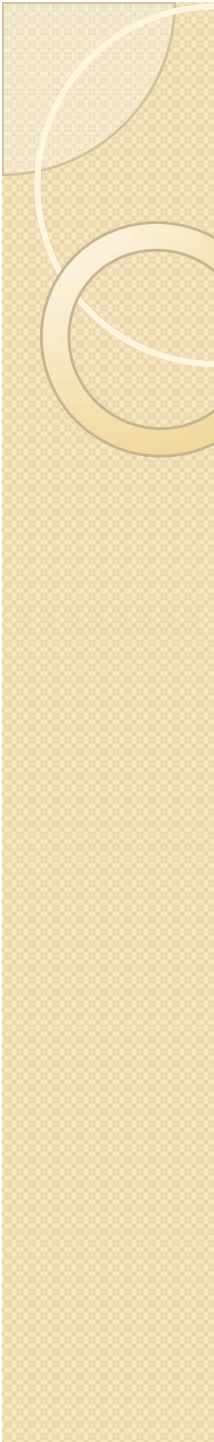
Gender Issues

- **Gender issues play a huge role during counselling sessions.**
- **Counsellors must ensure that sessions are open and free for each client.**
- **In many cultures, women will especially feel powerless during these sessions.**



Tradition and Culture

- **Tradition and culture can be a factor during sessions as well.**
- **Women will often listen to what the man says.**
- **Organizations also must look at the tradition to determine if anything within the culture will hinder couples from getting tested. E.g. Satanism, etc.**



Should Couples Be Counsel/Test Together?

- **Couples will receive results together which enables ease of disclosure.**
- **Couples are allowed to choose their options together.**
- **Emotional support can be provided by the person's partner, as well as the counsellor.**
- **Couples deal with risk concerns together.**

Should Couples Be Counsel/Test Together?

- **Because couples are dealing with issues together, they feel more like a unit.**
- **Family planning options are dealt with together.**
- **Counsellors are able to encourage dialogue between partners.**

Should Couples be Counselling/ Tested Separately?

- **If separated, issues of suspicion may arise.**
- **The session becomes a reporting forum for the other partner.**
- **No emotional support is provided from the partner who is not participating in the session.**
- **Issues regarding disclosure can arise.**



Should Couples be Counselled/Tested Separately?

- **Individuals within the partnership may feel more comfortable to receive results alone.**
- **If both partners are not together learning about risk reduction, it is more difficult to ensure that the couple understands the various means of protecting themselves.**



Disclosure

- **Disclosure can be difficult for person's who receive positive test results.**
- **When implementing CHCT, it's important to discuss how a counsellor will help clients feel comfortable with disclosure.**



Disclosure, cont

- **Disclosing to friends and family can especially be difficult for individuals and couples.**
- **It is important for counsellors to discuss with couples the benefits and difficulties of sharing their results with family and friends.**



Confidentiality Issues

- **Counsellors must make sure that results are confidential.**
- **And that the clients know their results are confidential.**
- **Must make sure counselling sessions are taking place in an area that will promote confidentiality.**



Where to Offer Services

- **Must consider where clients are and how to make the counselling sessions most convenient for them.**
- **Should you offer clinics close to communities where targeted populations are?**
- **How many clinics should CHCT be offered at?**
- **How do you ensure couples come to the clinic(s)?**



When to Offer Services

- Organizations need to consider the populations they are targeting.
- Must ask when your population is busiest. On the weekends? During the week?
- Are weekends best because people don't have to go to work normally?
- Also dependent upon what type of clinic and where the clinic is offered. E.g. Home based, district clinic, fixed site, etc.